

BRAINSTORM!

*Reaching out to serve persons with brain injury,
their families, and professionals*

SPRING 2004

Get Organized in the New Year! *by J.L. Morse*

New Years Resolutions...we make them, break them and regret them. Millions of us resolve to lose weight, exercise, spend more time with friends or family, travel, learn a language or quit smoking. Few succeed in achieving long-term change. A few weeks or days later the resolution dissolves as we slip back into our old habits. Why?

Most New Years resolutions have three things in common:

1. They all take time we don't have.
2. They aren't backed up with a plan.
3. They don't address our real needs.

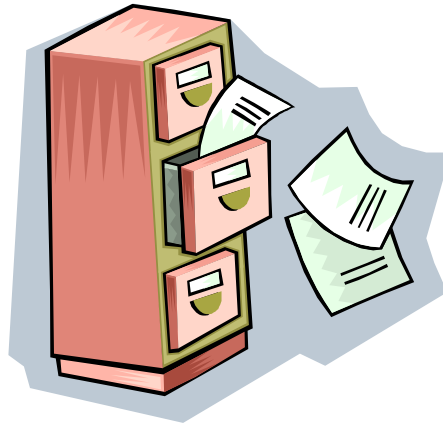
Some of us have become so discouraged that we don't even bother to make resolutions any more.

Last year that was me, completely discouraged and overwhelmed. Losing weight wasn't a needed resolution. I'd already lost 20 lbs. in the previous month as I sat next to my son's hospital bed waiting for him to emerge from a coma. Two days before Thanksgiving in 2002, an impaired driver ran a red light and hit us.

Leaving the kids and I with multiple injuries and permanent disabilities. Our six-year-old daughter, Alexis, was in a wheelchair awaiting more surgery to reconstruct her face and trying to cope with a mild head injury. Our 15-year-old, Michael, had multiple broken bones and a serious head injury. By New Year's day the "real" world outside of the hospital was just beginning to close in on us with bills, insurance denials, and the stress of 24/7 caregiving. On January 1, 2003,

I didn't know what my new life would be like.

One thing was clear. We were starting to drown in paper. The mailbox had turned into a monster that brought worse news each day. Bills were piling up, the insurance company was denying all of our claims, and then medical liens arrived. Medication schedules, daily rehab, medical equipment and wound care regimes were beginning to shape our new lives.



All the professionals told us to keep our documents in one place and get them organized so that we could appeal insurance denials, negotiate our bills, keep track of the kids' medication and therapy. Crisis mode had consumed us since the accident but with the kids home, we had to admit that this was no longer a crisis. This was our new life. And our new life was out of control.

I knew all about the importance of keeping a file. I am an attorney

with Arizona Center for Disability Law who represents individuals in obtaining services from Medicaid and I routinely advised clients to start keeping a file. However, during my own crisis I struggled to use that advice. Caring for the kids took all of my time. Five weeks after disaster strikes is the most inopportune time to impose additional demands to be more organized.

We did put all of the papers in one place, in a stack on the counter. By January 1st the pile had consumed the kitchen table. I kept putting off organizing. The idea was intimidating, overwhelming and anxiety provoking. Each day I put it off, the pile grew.

The second week in January, I finally made a belated New Year's resolution to get organized and take back control of our lives. The weeks were too exhausting, so it would have to be done on the weekend. The following Saturday came and so did the excuses. Maybe I should check my e-mail first or shower first. This was trouble. Crossing the kitchen threshold, I knew I was sinking fast. Better to just sit down and start.

I didn't have a clear idea of how to organize this stuff. Some of it didn't even make sense. Without changing out of my pajamas or eating breakfast, I just sat at the kitchen table and started plowing through the papers. Seven hours later, I emerged

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From the Executive Director . . . *Gene van den Bosch*



As we enter this New Year, the Brain Injury Association of AZ is poised to broaden its scope and geographic range of services to benefit people affected by brain injuries throughout Arizona. I am pleased to report to you that the BIAAZ Board of Directors is about to conclude its strategic planning for 2004 and beyond at its January 31 meeting. We'll have exciting news, no doubt, in February and March, but for now, here are just a few of our new developments, based on last year's strategic plan:

- Responding to opportunities and requests for **local chapters** of the BIAAZ in local communities such as Yuma, Tucson and Prescott, the BIAAZ is developing a comprehensive Local Chapters Manual and governing policies to allow service expansion and local participation.
- Now that our website is available to our consumer groups, our attention is focused on the development of a statewide **computer database** to providing members of our consumer groups and agencies in Arizona with instant information about services and resources for people affected by or interested in brain injury.
- Another exciting development is our **new volunteer program** — complete with policies and a manual to assure the most satisfactory experience for our volunteers

and benefits for our consumers.

Speaking of volunteers, one of the first projects for our newest volunteer, **Theresa Sacchi Armstrong**, will be a **needs-assessment survey** of brain injury survivors from our membership list and the list of contacts received at our office during the past year. Ms. Armstrong has an MA in Education and Development from George Washington University and recently taught at John Hopkins University in Maryland. While "out east," Theresa provided valuable services for survivors and family members in Virginia by, among other things, helping out with a camp for brain injury survivors and with support groups at the local chapter level. We are so grateful that Theresa has volunteered to help the BIAAZ communicate with its members and contacts, especially survivors, to explore the feasibility of offering new and expanded offerings for survivors and their families in Arizona.

We are grateful for volunteers such as Theresa and more than a hundred others helping us on our Board, advisory councils, committees, and in so many other ways. For **Jan Blackham, Christina Eng, Richard Eng, Anna Griffith, Tina Kwasnica, and Jennifer Morse** it was helping us offer a regional conference for professionals last October. For **Dr. Ernie Griffith, Dr. Tina Kwasnica, Dr. Paul Beljan**

and **Sally Lemberg**, it was speaking at the conference and to interested groups in northern Arizona. For **Danielle Puentedura** and **Jack Suderman**

it was spearheading the chapters in both Yuma and Prescott. For **Dr. Patricia Lynn Fuentes**, it's participating in our Organizational Development Committee. And for many of the fine people who are survivors of a brain injury and receiving services at the **Tempe Adult Day Center**, a division of **Foundation for Senior Living**, it's helping the BIAAZ with important work related to producing and distributing this newsletter.

The people mentioned above are **just a few of the more than 100 volunteers** helping the BIAAZ today. In the future, you'll read the names of many others volunteering for the BIAAZ — in this newsletter as well as in our upcoming annual report. Please stay tuned!

Again, the BIAAZ is moving up and out across the state, thanks to the help of our volunteers, our donors, and our members — people like you. Thank *you* for your support for this work to improve the lives of survivors, their caregivers and their families. We hope and trust you will be pleased as you see the new services and offerings we will be providing in 2004.

Helpful Websites

www.biaaz.org

www.biausa.org

www.ade.az.gov/ess/pinspals

www.phrma.org

www.caregiver.org

www.caregiver.com

www.caregivercompanion.com

Our New Website...www.biaaz.org

We are happy to announce that our new website is now available for public viewing on the World Wide Web, although it is still under construction. The site provides a wide range of information related to brain injury for survivors, family members, and professionals. The site is US Government Section 508 Compliant and deemed accessible by BOBBY, the leading authority on website accessibility. When visiting the site, you will have the option to send our staff

emails and keep up to date with the current activities we are involved with here in Arizona. Come visit our new site soon and be one of the first to leave your mark in our guest book. Don't forget to update with the new bookmark so you can visit the site often with ease.

A special thank you goes to Eric Vitiello at Perceive Designs for creating such a useful new website for the Brain Injury Association of Arizona.



A Message from the President... Christopher J. Nicholls, PhD

The mission of the Brain Injury Association of Arizona is to “create a better future through brain injury prevention, education and advocacy.” Sitting within a metropolitan area, however, it is easy for us to get “city vision” and to not think about, or even understand, the needs of individuals within less populated or developed locations. Nevertheless, we are not the Brain Injury Association of Phoenix. Our goal is to try to reach out to all corners of our state, and to link individuals and services so that all who have needs are served.

We are fortunate to have active volunteers from some of the other cities in Arizona, including Tucson and Yuma. We would like to learn more, however, about the needs and perspectives of individuals living in other areas, too. If you are reading this newsletter and live in Nogales, or Bullhead City, or Chinle, *we want to hear from you.* How can the Brain Injury Association be of service to your community? If

you live in other cities, or in other areas, what are the resources you depend upon to help you cope with your own, or a family members’ brain injuries?

On one level, we hope to link the currently available services with those in need through our information and referral database. We are working hard to have “instant information” available over our website, which all who are interested can access through public libraries and schools. It is also important for us to learn more about you and your community’s needs, however. What opportunities or roadblocks have you encountered in your community, whether city or rural? What are the frustrations you have experienced, and what are your ideas about how to get around those frustrations in the future? Some of the greatest ideas come from individuals who must overcome obstacles, and we would like to learn about your successes and strategies. We would like to share success stories, learn from your struggles, and establish

networks of survivors throughout our state.

If you have come through your own ordeal and can be a support to someone who has just been injured, we’d like to know how to contact you. If you are an organization or company that has a service to offer to individuals who have brain injuries, or their families, we’d like to connect you with persons who need your services. Perhaps you have already established relationships with individuals within your community, and can share tips with someone just starting down the path. Perhaps you have figured out how to get around difficult situations, and would be willing to teach others.

We hope that you will share with us, talk to us, and demand of us. We want to be known throughout the state, and to add you to our family of individuals committed to improving the lives of those affected by brain injuries. Please write, call, or contact us in any way you wish.



Have You Suffered a Brain Injury? Do You Want Help Getting Your Life Back?

A 42 year old male suffered a head injury at age 11 with associated right partial frontal lobectomy. This client went through the **Sensory Learning™** program 32 years post injury in July 2002. His chief complaints were poor concentration, fatigue, diplopia (double vision), irregular/racing thoughts and generally feeling disconnected with his environment. Thirty days after the **Sensory Learning™** program the client has sustained a 75% reduction of diplopia (double vision), significantly improved control of thoughts and greatly improved concentration. For the first time in 20 years he has a feeling of being “connected with his environment.” The client felt the program was definitely worth doing and highly recommends it to other people with similar problems. As of April 2003, client continues to have the above positive benefits, and a greater sense of well being.

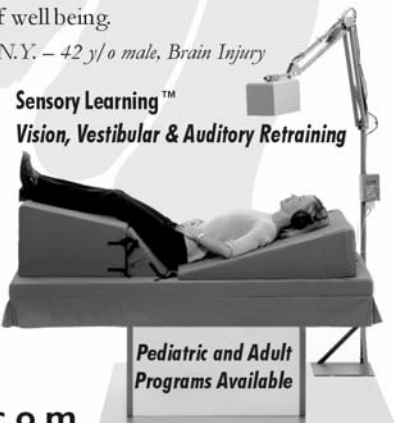
N.G., Huntington, N.Y. – 42 y/o male, Brain Injury



For more information, call: 480-777-7075

SIRRI offers the **Sensory Learning™** program, an innovative, drug-free approach to developmental learning that utilizes supra-modal sensory stimulation that has been proven highly successful across a wide spectrum of populations. Call today to arrange for a free consultation.

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Tel: 480-777-7075 • Fax: 480-777-7119



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Programs Available**

SIRRI Sensory Integration Research
& Rehabilitation Institute

www.sirriaz.com

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**ANNOUNCING
THE ARIZONA DISABILITY EXPO:
Your Life, Your Community, Your Future**

When: Wednesday, January 28, 2004

Where: The Exhibition Hall at the Arizona State Fairgrounds
19th Ave. & McDowell, Phoenix

Time: 9:00am - 4:00pm

Who Should Attend: Persons with Disabilities, Family, Friends,
and Professionals

Activities include Exhibits from 50-75 organizations that offer products, services & networking opportunities, including DME Providers, Recreation & Sports, Support Groups, Advocacy Organizations & MUCH, MUCH MORE!!!!

Nine Informational Workshops will be offered in the morning and again in the afternoon. Topics include:

- | | |
|---------------------------------------|-----------------------------------|
| <i>*Disability Awareness</i> | <i>*Adapted Recreation/Sports</i> |
| <i>*Relationship/Sexuality Issues</i> | <i>*School to Work Transition</i> |
| <i>*Emergency Preparedness</i> | <i>*Personal Empowerment</i> |
| <i>*ADA/Civil Rights</i> | <i>*Disability Culture</i> |
| <i>*Universal Design</i> | |

ADMISSION & PARKING ARE FREE!!!!

**For further information, please call or email Susan DeNova at
602-470-1802, x114 or sdenova@de.state.az.us.**

JOIN US FOR THIS IMPORTANT CELEBRATION OF DIVERSITY!!!!

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Get Organized in the New Year!

with two three-ring binders fully labeled and moderately organized.

This was a good beginning, but over the next months the organizational system would undergo many revisions. Finally, a year later, we are organized. Organization was the foundation for our success in winning dozens of appeals with the health insurance company and for following through on complex treatment plans.

A newsletter article is too short for a full explanation of organizing and understanding the documents that you have to deal with after of TBI, but here are a few general tips:

1. Get a binder or file folder and create a file for each provider.
2. Organize all Explanation Of Benefits (EOBs) in a separate file in chronological order.
3. At the front of each file, create a section for phone notes and letters.
4. Always write down the date and ask for the name of the person you're talking to.
5. Keep you organizing supplies with the file, i.e., a three-hole punch, a pen, paper, and tabs.
6. Create a contact list with each provider or agency's phone number and address. Including the billing information if different.
7. When you visit a provider or agency pick up two of their cards, one for your wallet and one to staple to their file.
8. If you're calling about an EOB for a bill, write your notes on the bill. Creating separate notes for these documents is a hassle and all the information you need to discuss the issue, such as account number and date of service, is on the document.
9. If you aren't familiar with health care terms, find a pre-made list of definitions or make your own as you learn. Keep it with your files.
10. Tape your receipts for co-pays etc. to an 8-1/2 x 11 paper so they are easy to find.

Healthcare Provider Liens Statute *by J.L. Morse*

The Healthcare Provider Liens statute, A.R.S. 33-931, allows hospitals, doctors and other medical providers to place a lien against a person injured in an accident for their entire bill. I first learned about this statute when an uninsured, impaired driver hit us. Both of my children suffered head, and other injuries, that required them to be hospitalized. Once they were home each child received a lien from the hospital for the hospital's total bill. Both bills were very large, exceeding \$50,000.

We had health insurance through my work and uninsured motorists coverage on our auto insurance. Before the accident we believed we had bought enough insurance to protect ourselves if something terrible ever happened. When the terrible thing did happen we found out that we hadn't.

In our case, the health insurer had negotiated a contract with the hospital to be a preferred provider. This contract gave the health insurer a discount. The discount meant the health insurer only paid between 15-30% of the hospital's usual and customary rate. The Healthcare Provider Lien statute allowed the hospital to place a lien against the children's accident for the remaining 70-85% of the \$50,000+ bill, which was more than the

possible settlement amount.

Initially, we thought our uninsured motorists coverage would be safe. Arizona law doesn't require drivers to carry uninsured motorists coverage. We paid for the policy to protect ourselves from the worst case scenario, a serious accident with an uninsured driver because we'd heard many times that 1/3 of all drivers are uninsured. We were devastated to find out the law gave our uninsured coverage to the hospital. The premiums we paid didn't protect us, rather they gave the hospital a third place to collect their bill, first from our health insurer, second from us through our co-insurance and third from our kids and the policy we paid for.

I felt strongly that this statute was horribly unfair to consumers and wanted to change it for others. The public doesn't know about this law and they can't make decisions to protect their families. I wrote to Rep. Gullett and asked her to consider making changes to the law so that it is fair to consumers. I told her that Arizonans purchase health and auto insurance in good faith as responsible people and that this law undermined our ability to be responsible and safe. She listened to my story and a friend of mine's story and agreed to

work with us on changing the law. *You can make a difference.*

This session Rep. Gullett will introduce a bill to change the lien statute so that medical providers will not be able to collect liens from your uninsured/underinsured motorists coverage. This change is a good step toward protecting consumers.

Please pass this information on to your family and friends so they can make informed choices when purchasing home, health and auto insurance. You may e-mail me at jl Morse@cox.net if you want updates on the bill or information on how you can be involved. If you want to comment on the legislation, write or call your legislator and/or Rep. Gullett at:

Arizona House of Representatives
Capitol Complex
1700 W. Washington
Phoenix, AZ 85007-2890
(602) 926-4511

Arizona State Senate
Capitol Complex
1700 W. Washington
Phoenix, AZ 85007-2890
(602) 926-3429

To find out what district you are in and the legislator's in that district, go to their website: azleg.state.az.us

The 2004 Southwest Brain Injury Conference Comments...

October 17, 2003 was an exciting day for the Brain Injury Association of Arizona and the Educational Conference Planning Committee. Approximately 130 persons with brain injury, family members, service providers, and others in the brain injury community participated in the "Southwest Brain Injury Conference - Current Research/Clinical Application," held at the Sun Burst Hotel in Scottsdale, Arizona.

Some of the wonderful comments from participants were: "Good experience." "Excellent conference." "Presenters were excellent. Materials valuable." "Very well planned day." "Learned a lot." "This was a great conference. Thank you."

Topics covered: "Recent Findings from the NIDRR TBI Model Systems Programs," "Community Re-Entry," "Alternative Treatments," "Family Issues," and "Long-Term Neurobehavioral Consequences." Speakers included Dr. Mitchell Rosenthal, Dr. Daniel Lieberman, Dr. Ernest Griffith, Dr. Christina Kwasnica, Dr. John Porter, Sally Lemberg, Ted Telepak, and Betty Scira.

Congratulations to the Educational

Conference Planning Committee and BIAAZ staff for a job well done. The Committee, Anna Griffith, Christina Eng, and Jan Blackman, planned a well-organized and varied program. They also recruited wonderful exhibitors and sponsors. The exhibit area was a busy and active room that provided resources and useful information.

We want to acknowledge and thank the following for their financial support:

Arizona Spinal Cord Association, Allergan (Botox), AstraZeneca, Xcel, SSSII Systems Solutions & Services Intl., Inc., & Medtronic.

We want to acknowledge and thank the following exhibitors for their support at the event:

DrivAble Solutions
2222 E Highland Ave #430
Phoenix, AZ 85016, (602) 840-8869

ABILITY Driver Rehab. Services, Inc.
4595 S. Palo Verde Rd. #501
Tucson, AZ 85714, (520) 219-0550

Gentiva Rehab Without Walls
7227 N. 16th Street, Suite 107
Phoenix, AZ 85020, (602) 943-1012

Banner Good Samaritan Rehab. Institute
1012 E. Willetta
Phoenix, AZ 85006, (602) 239-2361

Vantage Mobility International
5202 S. 28th Place
Phoenix, AZ 85040, 800-348-8267

Independent Medical Examination IME
P.O. Box 6159
Scottsdale, AZ 85261, (480) 998-2303

Medtronic, 710 Medtronic Parkway,
35-01-00, Minneapolis, MN 55432
800-638-3143, Ext. 85798

Barrow Neurological Institute
St. Joseph's Medical Center, Neuro Rehab.
350 W. Thomas Rd.
Phoenix, AZ 85013, (602) 406-5042

HEALTHSOUTH Rehab. Hospitals
9630 E. Shea Blvd.
Scottsdale, AZ 85260, (480) 551-5471

Select Specialty Hospitals
(602) 326-6222

SIRRI Sensory Integration Research & Rehabilitation Institute
5225 S. McClintock Dr. Ste. F
Tempe, AZ 85283, (480) 777-7075

Book Review: *Over My Head* by Claudia L. Osborn

I first heard of this book through my daughter. She and her two children all have brain injuries as a result of a near-fatal car accident that occurred just over a year ago. I needed to be able to better understand what their lives had become: thoughts that wouldn't sort themselves out, forgotten skills, lost objects, missed appointments, confused memories, and so much more that it was an emotional overload for all of them living together, trying to compensate and finding a way to cope.

Claudia Osborn, a victim of a bicycle/car accident, relates in this poignant account of life with a brain injury and her road to reclaiming her life. Before the accident Claudia was a physician with a promising career at a teaching hospital in Boston. In just a few seconds her life was altered, priorities changed, goals shifted, and Claudia's world became much different than it had been. With the support and love of her close friend, Marcia, and her mother, Claudia began to slowly realize how her life was altered. She went to New York University's Rusk Institute to attend the Head Trauma Program and learn different ways to cope with the problems that life with a brain injury presents to an individual.

I learned so much from Claudia's story that helped me to understand my grandchildren's lives and enabled me to ask how can I be of better assistance. Claudia, through telling her story, teaches us about some of the

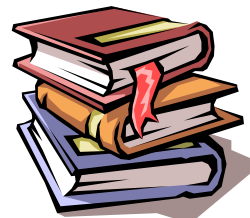
behaviors of a person with a TBI: flooding, disinhibition, and adynamia. I learned about methods to assist in simple day-to-day tasks, such as choosing the right attire to wear for the season, or how to organize yourself to shop, or any one of the hundreds of tasks that we do daily and take for granted. If you have a TBI, or have a friend or family member who has been injured, this book is a real eye-

opener. It's written in an easy-to-read style that is a fascinating first-person account of her life that carries you from her practice just before the accident, through the accident, her physical recovery, and through the much longer rehabilitative therapy at the Rusk Institute.

*Review submitted by
Pamela De Frates-Criswell*

Library & Resource Update

New Arizona Lash & Associates Representative



The Brain Injury Association of Arizona would like to announce our association with Lash & Associates Publishing/Training Inc. as their Arizona representative. This highly respected company provides information and resources to help families, survivors, medical providers and educational professionals understand the special needs of children, adolescents and adults with brain injury.

This is an exciting opportunity for our association. Our contract with them will allow us to earn funds to be used to continue our work of providing information and materials to our Arizona community.

Our office will be stocking a complete selection of books, pamphlets and survivor kits for survivors and professionals over the next year. The retraining and assessment programs for professionals are available by special order. Catalogs are also available for your convenience. Please contact our I & R Manager for more information.

We look forward to our association with the professionals at Lash & Associates and in turn will work to provide you with the most current works in the fields of brain injury understanding, education and rehabilitation.



Lash and Associates Publishing/Training
Information and Resource Center on Brain Injury in Children and Adults

MEMBERSHIPS

New & Renewed between October 1 and December 31, 2003
Thank you for your support!



Heather Amell & Family
Karen Babb
Kathleen Barry
Steve & Laurie Bell
Laura Betzler
Eilene Ealey
Sergio Fernandez

Claudia C. Fleming
Linda Gray
Beverly Heidel
Darrell L. Jackson Sr.
John J. Jasnosz
Conni Johnson
Christina Kwasnica

Ronald Leebove
Jane MacRoss
Maria J. Marquine
Barb Miller
Marcia Muller
Murray Newman
Carl Wayne Steele

Julianne Sullivan
Robert Tippen
Janet Van De Voorde
James R. Vaughan
Sue Wolf
Meira Yaer

Donor Recognition Within the BIAAZ Newsletter

The BIAAZ Newsletter, *Brainstorm*, is an information and referral newsletter for members and friends of the BIAAZ. Our members include survivors of brain injury, their families and caregivers, and professionals who provide services for them. We currently print and distribute 1,000 copies of an 8-1/2 x 11" eight-page newsletter. Our quarterly (Spring, Summer, Fall, Winter) issues are also available on our website at: www.biaaz.org.

Our aim is to provide up to two pages of "donor recognition" to express our gratitude to our supporters and to provide additional information to our members and friends. ***Donations specified to help underwrite the typesetting, printing, and mailing of the BIAAZ newsletter will be recognized within the newsletter.*** Our current donor recognition rates for the newsletter are:

- Business Card Size Recognition: \$60 donation
- Quarter Page Recognition: \$120 donation
- Half Page Recognition: \$240 donation
- Full Page Recognition: \$480 or more donation

When sending donor recognitions, please:

- Specify "to support the BIAAZ newsletter" when you send in your contribution.
- Make your check payable to: **Brain Injury Assoc. of AZ.**
- Provide us with camera-ready materials if you wish them to be included in your donor recognition space within the newsletter.

Contributions to the BIAAZ are tax-deductible. A receipt providing our federal tax number will be sent to you with our thank-you letter.

Michael Austin Memorial

Thank you to all of the generous family and friends who donated on behalf of Mike Austin, who passed away on October 30, 2003. Mike's family requested that, in lieu of flowers, donations be made in his honor to the Brain Injury Association of Arizona.

Ethel Austin
Mr. & Mrs. Francis Austin
Marie Austin
Don & Zoe Bartel
Mr. & Mrs. Harold Derushia
Beatrice Elmer
Stephens G. Hansen
Heartland Hospice Staff
Louise & Edward Holmes
Robert Ingraham
Robert & June Ingraham
Bev Kaiser
Linda J. Laszewski
Debra Martinez
Mr. & Mrs. Jim Meagher
The Office of Dr. Deborah Wilson
Ruth Wright
Elizabeth Zimmerman



Brain Injury Association of Arizona, Inc.

(a chartered affiliate of the Brain Injury Association of America)

4250 E. Camelback Rd., #K-280 • Phoenix, AZ 85018 • (602) 508-8024 • Fax (602) 508-8285 • www.biaaz.org
Helpline: (602) 323-9165 • Toll-free Helpline: (888) 305-0073

MEMBERSHIP / DONATION

We need you to join our team! A team dedicated to:

- Improving the quality of life for individuals with traumatic and acquired brain injury and their families, and
- Developing and supporting programs to prevent brain injuries.

Please complete all sections of this form to update our records. Membership covers a calendar year beginning the month of receipt of your application.

Last Name First Name

Organization / Company

Address

City State Zip

Phone FAX

E-mail

Please check one:

- Survivor Family Member / Caregiver
 Professional _____

MEMBERSHIP CATEGORIES

Includes quarterly newsletter, notification of conferences and events, public policy updates and national publications.

Today's Date _____

New Member or Renewing Member

Basic Individual / Family / Friend – \$35

Professional – \$75

Courtesy / Special Rate – \$5

This reduced rate is for persons with a brain injury or family members who have limited resources. The \$5 fee will help process your application and in the mailing of materials. Benefits are the same as a basic membership. Membership will not be denied to anyone based on his/her ability to pay.

Please call me...I would like to volunteer!

I would like to make a donation only.

If you wish to charge your membership payment, please complete:

VISA MasterCard American Express

_____ Exp. Date _____

Signature _____

Please make check payable and mail to:

BIA of AZ, 4250 E. Camelback Rd., K-280, Phoenix, AZ 85018

RETURN SERVICE REQUESTED

Brain Injury Association of AZ
4250 E. Camelback Rd., K-280
Phoenix, AZ 85018

